

Yorktown High School  
Dance Team Try Outs

Category	Max Points	_____	_____	_____	_____
Dance Execution, Showmanship	10				
Technique	15				
Rhythm Musicality/Timing	5				
Memorization	10				
Skills	15				
<i>Toe Touch, High Kicks</i>					
<i>Calypso, Side Leaps</i>					
<i>Split Leaps, Switch Leaps</i>					
<i>Double Turn, Fouette Turn</i>					
<i>Leg Hold, C-Jump</i>					
<i>Circular Disc</i>					
Advanced Skills	10				
<i>Multiple turns</i>					
<i>Switch Open Leaps</i>					
<i>Multiple Toe Touches</i>					
<i>Leg Hold Turns</i>					
<i>Switch-Tilt Jumps</i>					
<i>rotating spot fouettes</i>					
<i>reverse Calypsos</i>					
<i>Other Advanced Jumps</i>					
Tricks	10				
<i>Aerials, headstand</i>					
<i>walkovers front &amp; back</i>					
<i>kip ups, rubber band</i>					
<i>head springs</i>					
<i>backhandsprings &amp; tucks</i>					
Attitude & Coachability	5				
Strength & Conditioning	10				
Overall Impression	10				
Total	100				
Comments:					